

SUPPORT GROUPS

GRIEF SUPPORT GROUP

Thursday, January 2nd at 11am

Grief Support Group meets the 1st Thursday of each month at the Wagoner Community Center. Doug Klee, Spiritual Care Advisor with Munson Healthcare Hospice will be facilitating the group. For more information contact the Senior Center at 723-6477.

PARKINSON'S SUPPORT GROUP

Thursday, January 16th at 11am

The Parkinson's Support Group meets the 3rd Thursday of each month at the Wagoner Community Center. For more information call Marianne Blair at 586-917-8964.

DEPRESSION/ISOLATION SUPPORT GROUP

Thursday, January 2nd at 2pm

The Depression/Isolation Support Group will meet the 1st Thursday of the month at the Wagoner Community Center. The group is a safe, supportive environment for anyone who may be experiencing depression or feeling isolated. Judy Neis, retired RN will be facilitating the group. For more information contact the Senior Center at 723-6477.

DEMENTIA SUPPORT GROUP

Thursday, January 9th at 3pm

The dementia support group usually meets the 2nd Thursday of the month at the Wagoner Community Center (subject to change, please check the calendar). The group is a supportive, friendly gathering for caregivers, family members or anyone interested in learning more about and supporting our senior dementia community. For more information contact Jacki Krolczyk at (231) 883-1341.