

# SUPPORT GROUPS

## **GRIEF SUPPORT GROUP**

**Thursday, October 3rd at 11am**

Grief Support Group meets the 1st Thursday of each month at the Wagoner Community Center. Doug Klee, Spiritual Care Advisor with Munson Healthcare Hospice will be facilitating the group. For more information contact the Senior Center at 723-6477.

## **PARKINSON'S SUPPORT GROUP**

**Thursday, October 17th at 11am**

The Parkinson's Support Group meets the 3rd Thursday of each month at the Wagoner Community Center. For more information call Marianne Blair at 586-917-8964.

## **DEPRESSION/ISOLATION SUPPORT GROUP**

**Thursday, October 3rd at 2pm**

The Depression/Isolation Support Group will meet the 1st Thursday of the month at the Wagoner Community Center. The group is a safe, supportive environment for anyone who may be experiencing depression or feeling isolated. Judy Neis, retired RN will be facilitating the group. For more information contact the Senior Center at 723-6477.

## **DEMENTIA SUPPORT GROUP**

**Thursday, October 24th at 3pm**

The dementia support group usually meets the 2nd Thursday of the month at the Wagoner Community Center (subject to change, please check the calendar). The group is a supportive, friendly gathering for caregivers, family members or anyone interested in learning more about and supporting our senior dementia community. For more information contact Jacki Krolczyk at (231) 883-1341.